

Aberarder has joined the Optimist club for their annual  
Fill the Hamper Christmas food drive  
**Monday, November 27<sup>th</sup> – Monday, December 18<sup>th</sup> 2017**

Below is a list of most needed food items according to Food Banks Canada:

- pasta products and rice
- canned meats and fish
- dry and canned soups and stews
- canned fruits and vegetables
- flour
- infant formula and baby food



- breakfast cereal
- canned/powdered milk
- fruit juices
- pasta sauce
- beans and legumes

We have set a goal of **650** items!

Hygiene Products are also greatly expected

Admission for the Christmas Concert (December 14<sup>th</sup>) will be Canned Goods